

ESES School News

“Together today for our children tomorrow”

ADMIN TEAM MESSAGE

Hello to our Elijah Smith Family

I hope this message finds you well. We are very excited for all this winter holds for our students. School has been very busy hosting the Polar games dance, an African music concert, Lunar New Year, student of the month lunches and monthly assembly

Student led conferences are taking place on the evening of the 27th from 3:30-8:00 and then from 8:30-11:30 on the 28th. You can sign up starting on the 15th of February. If you do not have access to a computer you can come into the office to use a computer or call the school @ 667-5992.

We are also excited to share with you that we have variety of school clubs we are offering throughout the week. Please encourage your little Eagle to try out a club if they haven't yet.

If ever you need anything please feel free to reach out.

Jim Snider - Principal

March 5th, 2025
1:00pm & 5:30pm

All families welcome
to come watch in our
school gym

Disney • PIXAR

FINDING NEMO
KIDS

Elijah Smith Elementary Presents
Finding Nemo, the musical
Ensemble: All Primary K-3
Actors & Dancers Grade 4-7

February Dates

12 - African Music Concert

14- Gr. 7 Valentine Dance

17-20- UBCO running STEM sessions in classes

20 - Science World School Presentation

21 - Heritage Day - No School

22- Rendezvous Rummage and Bake Sale - 10-3

27-28 - Student Led Conferences

26- Pink Shirt Day and Spirit Week

27-Student Led Conferences- 3:30-8:00

28- Student Led Conferences - 8:30-11:30 - NO SCHOOL THIS DAY

NEWS FROM SCHOOL COUNCIL

School Council meets on the first Tuesday of the Month at 6:30 pm. All are welcome to join council as they make decisions for the future or our school. You can join in person or through Zoom (link below).

<https://yukonedu.zoom.us/j/66513938473>
 Meeting ID: 665 1393 8473
 One tap mobile
 +16475580588,,66513938473# Canada

"If issues arise, parent(s), guardian(s) are to contact the teacher, then administration, then School Council to resolve issues. If this is not satisfactory, they then may contact the Superintendent of Schools.

Parking Lot Concerns

A reminder that the Drop Off Zone is the lane to the right as you turn into the left lane into our parking lot. This is for a "kiss and goodbye hug". You **may not leave your vehicle unattended in this lane**. If you would like to accompany your child into the school, please use the parking lot.

No Parking is Permitted in the Circle
Please use the crosswalks and do not cut through the road. We have had several near misses with kids and cars.

Rendezvous
Rummage and
Bake Sale
 @ ESES
Feb 22
10 Am - 3 Pm
Fundraiser for the Grade 7 Class Trip

ATTENDANCE EMAIL

If you know your child is going to be late or absent from school please email the office at

ESESAttendance@yukon.ca

Please put your Child's Name(s) and grade in the Subject Line

Donations -

We want to make sure our little Eagles are warm even when it is cold.

So, If you have any winter gear that is in good shape and would like to donate to the school - please send it in a bag marked "Winter Donation" and we will make sure it is put to good use.

Student Led Conference
 Booking
 Use the link below or QR code
 on the Right
[https://schoolinterviews.ca/
 code/7nbnx](https://schoolinterviews.ca/code/7nbnx)



SCHOOL-WIDE SPIRIT WEEK

"EXPRESS YOURSELF - BE YOURSELF"

**MON
24**

**"WEAR THE RAINBOW" DAY
WEAR JUST ONE COLOUR OR ALL COLOURS**

**TUES
25**

**"FUN HAIR" DAY
BE CREATIVE & ROCK YOUR LOCKS**

**WED
26**

**"PINK SHIRT" DAY
KINDNESS: ONE-SIZE-FITS-ALL**

**THURS
27**

**"FINGER NAIL ART" DAY
BE BOLD WITH YOUR DIGITS**

**SCHOOL-WIDE ACTIVITIES IN FEBRUARY
RAINBOW CLUB**

Elijah Smith is working toward being a developmentally responsive school

Understanding dysregulation: How to Support a Highly Emotional Child



Dysregulation occurs when the brain responds to sensory input in a manner that triggers the alarm state.



When a child is dysregulated, it is harder to listen, comprehend, and cope.

Remember the Three "R"s

Regulate

focus on soothing your child. Make them feel calm, safe, and loved.



Relate

Validate their feelings with your words and tone of voice. "I know you're upset right now." "This is very hard". Focus on connecting with your child.

Reason



Once your child is calm, now it is time to talk about alternatives to behaviors while reinforcing limits you set before. You can reassure them you love them but that the behavior they're exhibiting is not ok.

Until a child is regulated, they are unlikely to relate to you (feel connected & comfortable). And until a child is related, they are unlikely to have the mental capacity to reason with you.